

# **FRAGILE X SYNDROME**

By Leigh Haldeman

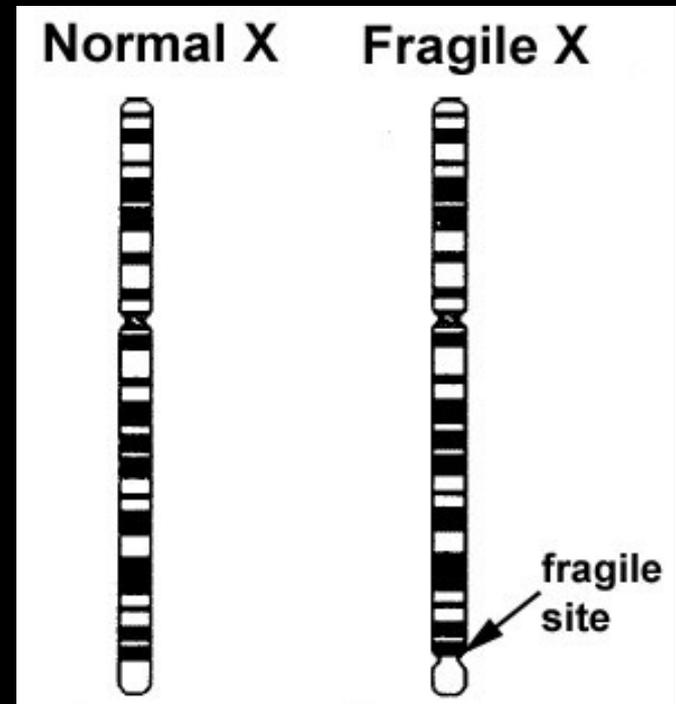
## Fragile X Syndrome



- Most common form of inherited form of mental retardation
- 1/3600 males, 1/4000-6000 females
- IQ 40-70
- Delayed developmental milestones
- Connective tissue problems
- ADD, autistic behaviors, unusual responses to stimuli
- Epilepsy
- Associated with FMR1 gene

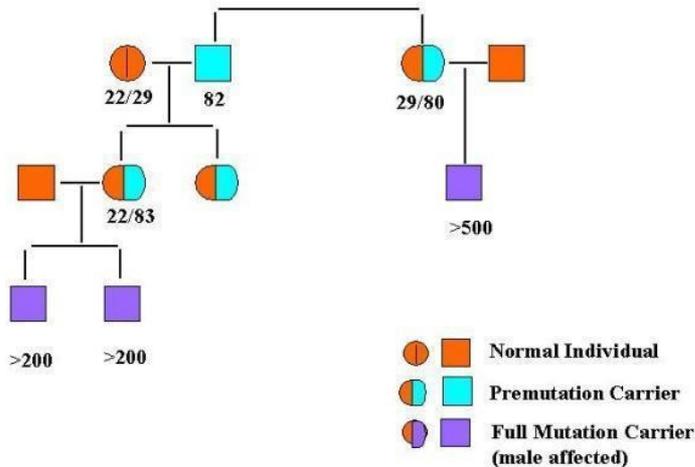
## The Gene

- X-Linked Dominant
- Gene Map Location: Xq27.3
- Greater than 200 CGG repeats, FMR1 gene is not expressed
  - Loss of function
- Normal individuals: 60 repeats
- Premutation: 60-200
- FMRP works with polyribosomes and their particles
  - FMRP protein needed for RNA binding
  - Transcriptional suppression in 95% of cases
- Also associates with 800 brain mRNAs
- Mechanism not fully understood



## Penetrance

### *Fragile X Syndrome Pedigree*



(c) 2005, Laurie Ann Demmer, M.D.

-Males with more than 200 CGG repeats=mentally retarded and do not reproduce

-Females with more than 200 CGG repeats may not be mentally retarded

-Unaffected X chromosome may produce enough FMRP protein

-Premutation levels sometimes express the mutation:

-**Fragile X-associated tremor/ataxia syndrome (FXTAS)**

-Late-onset progressive cerebellar ataxia and intention tremor

## Classical Diagnosis



-In the 70's and 80's:  
chromosomal testing

-Not always  
accurate

-Protein testing to  
measure the production of  
FMR1 protein

## Novel Diagnostics

- In 1990, 2 molecular DNA tests became available
  - Southern Blot analysis: cuts DNA into pieces, attaches radioactive probes to analyze specific areas
  - Polymerase Chain Reaction (PCR): makes millions of copies of the FMR1 gene for analysis
- Both methods can diagnose Fragile X and detect carriers
- Most accurate when both tests are used
- The National Fragile X Foundation suggests genetic testing for any female thinking of having children with fragile X in the family or a relative of undiagnosed mental retardation
  - 1 in 300 females are carriers

## Treatment

- No cure for Fragile X, but:
  - Special Education
  - Speech therapy
  - Occupational/behavioral therapy
  - Medication for symptoms like hyperactivity of ADD

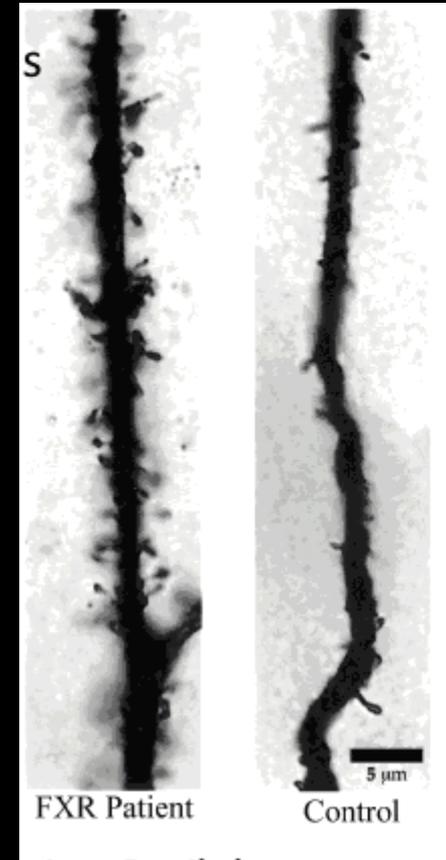
[http](http://www.youtube.com/watch?v=_byqoPW_XFk&feature=related)

[://www.youtube.com/watch?v=\\_byqoPW\\_XFk&feature=related](http://www.youtube.com/watch?v=_byqoPW_XFk&feature=related)



## Future?

- Deficit in synapse elimination in Fragile X Syndrome?
- New research on Tandem Repeat Polymorphisms
  - Source of genetic variability (like SNPs)
- clinicaltrials.gov





## Works Cited Continued

Chromosome Picture:

[http://www.subtelomeres.com/ClinicalDiagnosis\\_6.html](http://www.subtelomeres.com/ClinicalDiagnosis_6.html)

Tim Tran paper: Fourth Image

<http://www.fragilex.org/html/diagnosis.htm>

Fifteh image:

<http://www.google.com/imgres?um=1&hl=en&biw=1366&bih=653&tbn=isch&tbnid=omezZ3ItROkmxM:&imgrefurl=http://www.ic-mp.org/facilities>

Kimberly Huber slides

Image of child in school:

[http://www.google.com/imgres?um=10&hl=en&biw=1366&bih=653&tbn=isch&tbnid=CWBQ8NvD5M:&imgrefurl=http://www.buzzle.com/articles/interesting-facts-about-fragile-x-syndrome.html&docid=ZXXW7WtS65M&imgref=http://www.buzzle.com/img-article/images/272\\_174-44827-24.jpg&w=350&h=233&cr=deveF-cifj80jgRg8XGCA&zoom=1&sa=sa&dur=370&sig=116918143262329443334&pg=2&page=1&th=118&th=178&star=0&ndp=24&ved=1t429r22s0&tc=110&ty=29](http://www.google.com/imgres?um=10&hl=en&biw=1366&bih=653&tbn=isch&tbnid=CWBQ8NvD5M:&imgrefurl=http://www.buzzle.com/articles/interesting-facts-about-fragile-x-syndrome.html&docid=ZXXW7WtS65M&imgref=http://www.buzzle.com/img-article/images/272_174-44827-24.jpg&w=350&h=233&cr=deveF-cifj80jgRg8XGCA&zoom=1&sa=sa&dur=370&sig=116918143262329443334&pg=2&page=1&th=118&th=178&star=0&ndp=24&ved=1t429r22s0&tc=110&ty=29)